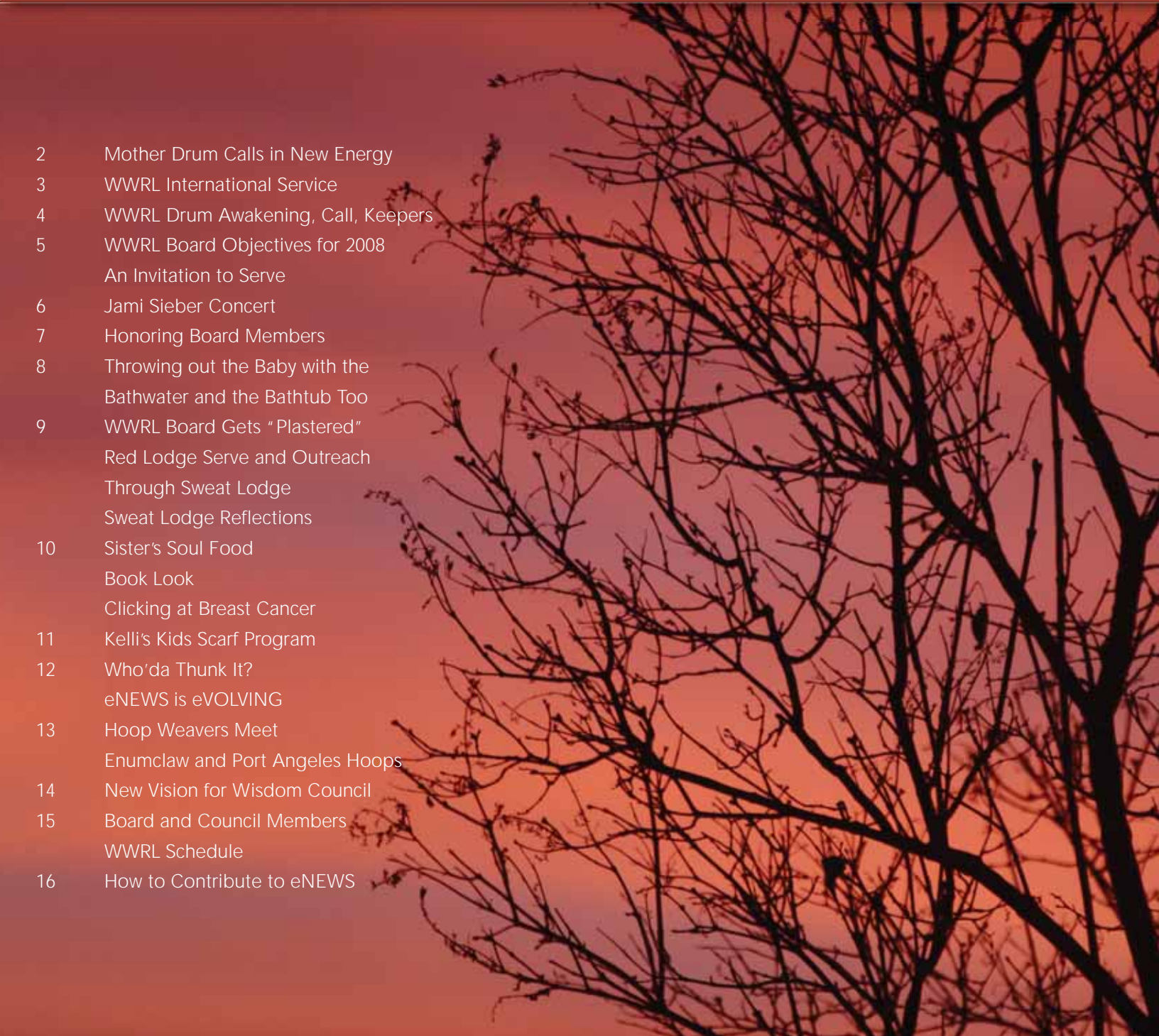


# *Woman's Way* RED LODGE

- 
- 2 Mother Drum Calls in New Energy
  - 3 WWRL International Service
  - 4 WWRL Drum Awakening, Call, Keepers
  - 5 WWRL Board Objectives for 2008  
An Invitation to Serve
  - 6 Jami Sieber Concert
  - 7 Honoring Board Members
  - 8 Throwing out the Baby with the  
Bathwater and the Bathtub Too
  - 9 WWRL Board Gets "Plastered"  
Red Lodge Serve and Outreach  
Through Sweat Lodge  
Sweat Lodge Reflections
  - 10 Sister's Soul Food  
Book Look  
Clicking at Breast Cancer
  - 11 Kelli's Kids Scarf Program
  - 12 Who'da Think It?  
eNEWS is eVOLVING
  - 13 Hoop Weavers Meet  
Enumclaw and Port Angeles Hoops
  - 14 New Vision for Wisdom Council
  - 15 Board and Council Members  
WWRL Schedule
  - 16 How to Contribute to eNEWS

MOTHER DRUM CALLS IN

# ENERGY

*New Energy*

Written by MGLS

When a group of women gathered in October at Paula Rathbun and Lori's Kramer's Port Angeles home to make the new Red Lodge Mother Drum, there was from the beginning a luminous sense of possibility and mystery. Ever since the Mother Drum birthed herself into our imagination at the 24-hour drumming vigil which Red Lodge sponsored at Summer Solstice, dreams and awareness of how she would lead us into new territory to share the work and vision of Red Lodge inspired us with creativity, excitement and a growing sense of joy, gratitude and awe. And, well, so be it!

We arrived at Sahale in December in a state of uncertainty. No one had stepped up to hold the Secretary position. The week before, we learned that we were also moving into 2008 without a Treasurer. In our legal bylaws, both positions are required for Red Lodge to function. At our Board meeting on Friday evening, we forced ourselves to acknowledge the potential consequence: should these positions remain unfilled, it would be necessary to begin the process of dissolving Red Lodge. We shared prayers and reassured each other; we let go into trusting what would unfold. The Mother Drum stood witness by the circle.

Then the women arrived for Wisdom Council; what transpired was an extraordinary gathering. On Saturday afternoon, we reflected together on all that had been accomplished in 2007 and, in a session of oral storytelling, shared moving personal experiences

about how Red Lodge had changed lives over the past year. We spoke of the direct and specific effects of compassionate listening and conflict evolution; we spoke of learning the

what that opened in them. Then we shared a Feast of Possibilities for the myriad of ways to participate in Red Lodge as we move into 2008.



Her voice yet to be heard, the Mother Drum was a silent witness to it all, a big presence in the room, offering the constancy of a visible and energetic call to the mystery and possibility of her powerful drum medicine. Together, we discussed the Secretary and Treasurer positions. There was a rustling in the circle. Someone commented on what we all noticed: there was a niggly, wiggly energy growing somewhere in our midst. There were titters and portentous giggles in one segment of the circle. By Saturday afternoon, Willow Dreamfeather stepped into the circle to announce her willingness to try on the

Secretary role. There were hoops of gratitude and excitement.

...there was a niggly,  
wiggly energy  
growing somewhere  
in our midst.

ways of sweat lodge service and how that mentoring opened unexpected, new doors; we spoke of enlivening our lives and Red Lodge as we reach out into our own communities; we shared the depth and power of new learnings in leadership, paradox management, empowerment, visibility, deepening relationship and connection; newcomers spoke about finding Red Lodge and

Later, Morrighan, one of several new women who attended the Wisdom Council, led us through an extraordinary honoring of our new Mother Drum. An experienced drum maker and long-time spiritual seeker, Morrighan shared teachings about drum making, medicine and traditions. Ceremonially, she gifted the drum: a pouch of Thunder Mix, a new blend of kinnikinnik, created with herbs from around the world specifically for the Red Lodge Mother Drum by Morrighan's mentor and friend, Grandmother Snakeroot who lives in England; the blessings and prayers sent by Grandmother through the careful choice of the various herbs she used; and a pipe of great presence which Morrighan created for the Mother Drum.

The next morning, Paula and Lori led us in a beautiful ceremony to Awaken the Drum. While women who had helped construct the drum caressed the head with our hands and the community gathered around opening full hearts to the drum's medicine, Lori began her Mother Drum Song, a big, deep, joyful prayer of thanksgiving. It was a transcendent moment. And then we took up the grandmother's arms and listened for the first time for the drum's voice. You can imagine.

Then Paula called for Red Lodge Board members to step up to the drum. Willow joined in, and Norleen brought Peg all the way from Joshua Tree. There was a call for someone to hold a place for "the Treasurer who is already hearing the call to service," and Zora Star agreed to stand in. Immediately, there was an energy shift. The drum's song was full of confidence and courage. There were cries of "she's

here, she's here," though we did not physically see her.

Later at home that night as I was heading to bed, the phone rang. A voice said, "I understand the drum called me out." It was Coffee Kelly Ziniewicz. Kelly reported that as soon as Zora Star took up the grandmother's arm and stepped to the drum, she heard the drum call Kelly's name. Upon returning to Olympia, Zora phoned Kelly. Kelly is the bookkeeper for her family coffee business. Recently, she was stirred by niggings calling her to dive deeper into creative possibility with her work. She listened to Zora Star, thanked her, hung up, and called in to say she is ready to be our Treasurer!

Now, two month's later, we regretfully accept that Peg Hopkins is resigning from her position as Chair of Communications Council. Paula and Lori, who are keeping the Mother Drum

until the vision for our Keepers of the Drum Lodge manifests, have opened the conversation with the Mother Drum, again asking the drum medicine to lead us into what is next. At our January Board Retreat, we drum towards what will be. If you are hearing the Mother Drum's call and want to know more about joining the Red Lodge Board as Chair of Communications Council, please contact Kristina or Mary.

And we extend a warm welcome and our deep gratitude to Willow and Kelly, our new Red Lodge officers, as well as to Debbie Fank and Paula Rathbun, new board members. Debbie served on Program Council last year and stepped up as Chair for 2008, and Paula, who continues to serve on Program Council, now also represents Long Dance as an ad hoc Red Lodge board member. Thank you all for your willingness!

## WW RED LODGE INTERNATIONAL SERVICE

Written By Debbie Fank

The Program Council of WWRL has contributed \$50 to a woman in Tanzania as part of a microloan to help her buy supplies for her local grocery store. Her name is Hawa Salim, she is a young mother who owns and operates the grocery store. She is participating in the KIVA loan program which engages in economic empowerment of women through microloans and leasing of necessary equipment to assist them on their road to economic independence. The business and Hawa's credibility are being used as collateral for the loan (women have traditionally been unable to secure loans or own property), we get monthly updates as to both the progress of her business and the payback on the loan. Once the loan is paid off in the repayment term of twelve months, we can roll the \$50 over to another woman to assist her in establishing her business. Microloans have proven to be a very successful way to assist women to become empowered, increase their self esteem, rise out of poverty and become more equal members of their community. There is over a 95% payback rate on the microloans.



*in service*



*What is in a name?*

*Where is my path?*

*Who will hear my voice,*

*Weaving the past?*

*I am the Woman's Way.*

*I am on my path.*

*This is my voice*

*Weaving future, present and past.*



## THE AWAKENING

These are words gifted by Spirit and the WWRL Mother Drum through Lori Kramer. Some were sung by the women who gathered for the fall WWRL Wisdom Council in December. Others came when walking down to the river as Spirit and the Drum continued to speak and sing. These words, this prayer, went out into the world on that snowy December day, bringing her voice to us, into us, with us, serving us, filling us up as we sang this song.

It was quite something, really, to hear her medicine voice, to sing her song with the rhythm of her heartbeat. I looked around at the women gathered

in this awakening ceremony, women with whom I have sung many times, voices as familiar to me as my very own. But on this day I looked at the faces of these women, so familiar, and what I experienced where voices flowing out of us that were voices ancient and wise, sounds as grounded as the Earth below us, as expansive as the Heavens. It was a sound that cracked my heart wide open, awakening me to a depth of connection to the Ancestors that I had never experienced in that way before.

We have been called into service, called deeply and honorably into service beyond our wildest dreams. We are being asked to take action, to show up, to be present and to change the World! Our WWRL Medicine Drum has called us to her to be her side-bys.

**HER CALL** And so it is that I choose to be her side-by and speak to you these words that have come to me from her:

*"Beloved Ones, come to me now just as you are, the whole of who you are. Let there be no holding back, no hiding, no withholding. My medicine has open arms to embrace you, to call forth a place in you that you have not yet met. There is a job to do, and I am calling you. I am calling you deeply. I am calling you into the places in you that are filled with knowing not yet known to you. I am calling you into the places in you that may not yet understand the power of the ache of emptiness, or the void, in your very own heart and soul. I am calling to you as a representative to your WWRL community. I am calling you to change the world as you know it. I am calling you back to Earth, back to Ground. Hear me, please, for my medicine is holding you now!!! It is the salve that will heal the ache of generations. It is time for their voices and your own to be present with each other, to be heard in a sweet harmony of living. Can you hear them? Are you ready to take up the Arms of the Grandmothers and let this,*

*my voice and your own, begin our work together? I have chosen you Woman's Way Red Lodge, and I say thank you for your 'Yes'."* –Jan. 17, 2008

Wow!!! These are her words to our community as a whole as I heard them on that day. Big medicine!

**DRUM KEEPERS** WWRL has a vision to share with you. It is our vision that there may be more than one Drum Keeper to our new drum. Her medicine will be requested in many places throughout our Red Lodge community. A Drum Keeper holds the Mother Drum in a sacred way daily, feeding her, warming her voice, singing to her and with her, touching her, being with her in community and as family. She is a Being alive and full of life and medicine that will work you deeply. As a Drum Keeper you will be asked to bring her to the events that she is called to, teaching those who come to be with her to do so in ways that honor her.

For now, there is an invitation to inquire within- is she calling to you? Is it a calling that goes beyond just desire or wanting? For it will be clear... a beat-your-heart-as-fast-as-humming-bird-wings-butterflies-in-the-belly kind of thing! It is a journey to be called into your own medicine as a holder of a drum.

On Sunday, Feb 3 on Vashon Island there will be an Imbolc sweat lodge. We call forward women who may be called to be one of her Keepers specifically to this lodge to go within or to be of service outside, deepening their relationship with our new Mother Drum to hear with clarity what she is saying to you. This is an opportunity to be with her and LISTEN. Once those who are called come forward, there will be gathering of The Keepers of the Drum to set her protocols, logistics of transportation etc. Please contact Paula at 360-452-1065 if you have any questions or have clearly heard the call to step forward. –Paula Rathbun



listen • inquire • respond • now

## WWRL BOARD OBJECTIVES FOR 2008

- To the planetary call for peaceful collaboration and sustainable practices
- To the call for Red Lodge in our communities
- To the opportunity for celebrating generosity and gratitude
- To the call for ease and simplicity
- To the heartbeat of the Mother Drum
- To the opportunity to develop mutually-sustainable relationships with like-spirited organizations, groups and individuals
- To the opportunity to grow our services and membership through small scale, local gatherings intended to deepen our understanding and connection with nature and each other
- To the call to include education, service, sustainability and ceremony at each Wisdom Council and Medicine Wheel gathering
- To the call for financial enoughness, practicing intentional simplicity and accountability, as we increase cash flow, balance the budget, steward our resources and align with universal laws of abundance.

## AN INVITATION TO SERVE

There are a number of leadership/service roles we need help with in Red Lodge this year. If you have any ideas of women we might approach for the following, we would love to make personal invitations. Contact [chair@wwrl.org](mailto:chair@wwrl.org). And spread the word.

- 1 Chair of Communications Council
- 2 Keep member address lists updated and send WWRL email notices as needed
- 3 Send out snail mail letters for member renewals (there aren't many of these until September) and arrange for follow-up calls to non-renewing members (member data entry and computer tracking will be handled in another way...)
- 4 Assist with updating website

# JAMI SIEBER CONCERT

*A Woman's Way Red Lodge Friendraiser*

# CONCERT

—Mary G.L. Shackelford

In the Red Lodge spirit, we're having a FRIENDRAISER. As we move into 2008, we are exploring the vision of different women in our different communities creating organic, grassroots events that bring Red Lodge home. Though of course all are invited and encouraged to attend, these events would be specifically for people in our local communities, giving us a chance to reach out to friends who are curious and wanting to learn more about Red Lodge. We hope small-scale, local events will meet our desires toward ease and simplicity. We also see that hosting Red Lodge events in different areas responds to the reality that we are a geographically disperse community. Rather than travel a long way to get together, why not have a Red Lodge event in your own town and invite all your friends?

So was born the concept of our first FRIENDRAISER—an invitation for men, women, and children to gather in a family-friendly event for inter generational mingling and a good time. On March 29th we will celebrate, dance, sing, and most exciting: SHARE OUR NEW MOTHER DRUM, HEAR HER VOICE, and OPEN TO HER DRUM MEDICINE in our own community! We will share delicious food, laughter, and love in a community potluck, and then we will treat ourselves to the haunting, beautiful, extraordinary music of Jami Sieber and her electric cello. Along the way, we'll be able to talk about Red Lodge, share about other Red Lodge events, and invite our community to support our vision to enliven the sacred feminine through education, service and sustainability. This is going to be so much fun, you may want to join us on Vashon! We'll

be mainly working the local community to get the word out, AND, this event is OPEN TO THE PUBLIC!!! So come on over. The Grange Hall is an easy walk from the Northend ferry dock, so if you come via Fauntleroy, you don't even have to bring your car. The concert is scheduled so folks can make the 9:50 PM ferry back to Seattle.

And if you've never heard Jami Sieber, she's a treat, a hoot, and full of soul. We are thrilled to host Jami on Vashon. Every so often a musician emerges who speaks to the spirit by way of their instrument. Electric cellist and vocalist Jami Sieber reaches inside the soul with compositions that are contemporary, timeless, lush, and powerfully evocative. Listen to songs from Hidden Sky, the well-loved CD born of Jami's profound musical meeting with elephants in Thailand, at [www.jamisieber.com](http://www.jamisieber.com). Then round up your friends and send for tickets before they sell out! Jami will be accompanied by Vashon musician Geoff Johns who specializes in African drumming.

## SATURDAY MARCH 29

Vashon-Maury Grange Hall (easy walking from the Northend ferry; plenty of parking) Vashon Island

**4PM** Community Drum Circle with the Red Lodge Mother Drum

**5:30** Community Potluck

**7:30-9:30** Jami Sieber with Geoff Johns (percussion)



"MORE THAN A BENEFIT"

## TICKETS AVAILABLE AT VASHON BOOK SHOP

(after February 10)  
\$15, WWRL Members & Family  
\$15 General Admission/Youth  
(18 and under)  
\$18 General Admission/Adults

**100 SEATS ONLY**

PRE-SALE TICKETS AVAILABLE  
FEB 10-MARCH 15  
(while tickets last)

Make checks payable to  
WWRL and send to:  
WWRL c/o PO Box 49  
Vashon Island, WA 98070



**RED FOOT** Our intrepid and beloved fellow-traveler, Peg Hopkins, is moving to Oklahoma to re-connect with her Leni Lenape heritage, explore new roads, and be with her father. She has resigned from the Red Lodge Board and as Chair of Communications Council.

Peg's innumerable contributions to Red Lodge are visionary and foundational. In 2003, it was she who resurrected the spark of Red Lodge with inquiry to Connor about the vision which flowed out of the 2000 Gathering for a Feast of Possibility. Through ensuing months, she fanned the embers with her questions, conceptual explorations, inspirations, and enthusiastic energy until the flame of Red Lodge burst forth. Then, as a member of Working Group, she rolled up her sleeves to help tackle the nuts and bolts of creating a form for the vision. She stepped up as the Chair of the Interim Board in 2006 as Red Lodge began to take shape. In 2007, she served as Chair of the Communications Council, collaborating with a fine, creative team of women to design and manifest the Red Lodge website, new self-inputting calendar, monthly eNews publication, and our on-going branding initiative. Peg's vision, devotion and insistence on elbows out, tell-it-like-you-see-it courage and willingness have informed her inspiring leadership. Her warmth, humor, and big heart have delighted and touched many. Peg, you are always with us. Thank you for all you have given.

## MARIAH WIND DANCER

Mariah's presence has been steadfast through the forming years of Red Lodge. She, along with Lori Kramer and Nan Draper became the Naming Committee following our first Wisdom Council in 2005. Their efforts took the process further and deeper and full circle back to WC participants as we engaged in our first Heart Agreement process in community which produced Woman's Way Red Lodge as our name. Her continued membership on the Program Council and involvement at each Wisdom Council has brought her special brand of humor, insightfulness and full body presence and energy to our collective efforts. As the Long Dance Representative to the Board in 2007 she offered new perspectives to issues Red Lodge was facing as well as sharing the unfolding of Long Dance and the excitement and mystery surfacing for that year's gathering. Thank you Mariah for being so quintessentially YOU and bringing that to Red Lodge!!



# HONORING BOARD MEMBERS -mgls



**RUTH RAINBOW RAVEN** Ruth Raven was a participant in the 2000 gathering which seeded Red Lodge. She stepped up as Secretary when the Interim Board was formed in 2006. She continued on as Board Secretary last year. As founding Secretary, Raven has helped develop formats, procedures, and processes that enable Red Lodge to keep records, archives, and communications channels clear. Time and again, Raven's wisdom, experience, empathic intuitive insight, and wry, ebullient sparkle have brought us to attention, cutting to the chase and reminding us to remember who we really are. Through her courage and persistence, she has insisted on the space for voices and contributions that appear at the edges of what is easily visible or neatly articulated. Her presence has enlivened and enhanced us all, and her generosity is beautifully woven into the fabric of Red Lodge. Raven, we deeply appreciate all that you are. Thank you for your service.

**SUSAN STAR FEATHER** Taking the plunge into more than she ever could have imagined, Susan Landau joined the formative Working Group for Red Lodge in mid-stream and has since held the bowl as Treasurer of the Interim Board and the first Board of 2007. She has navigated the steep learning curve and shifting ground of our growing ability to manage the finances and bookkeeping of Red Lodge. As we have taken the structure of our form into the legal requirements of an IRS-approved non-profit, Susan has met the huge responsibility of developing accounting practices and systems to keep us in compliance, give us solid financial footing and assure transparent access to the management of money in our organization. In the midst of it all, Susan helped us move towards ease and efficiency as we transferred all of our records into Quickbooks. Seeking training to utilize this software program, she connected Red Lodge with Teri Towne, a professional bookkeeper, who has been an invaluable resource. Susan has been the bridge connecting data management, website sales, membership records, budgeting and reporting. The role she has held has been crucial; her dedication and contribution enormous. In her commitment and service to Red Lodge, Susan has inspired us with her courage and willingness. Susan, enjoy your well-deserved break from the overwhelming piece you held with such patience and tenacity. Thank you for getting us through those early oceans!



# Throwing Out the Baby with the Bathwater and the Bath tub too!

By Julia BearHeart Moore  
—Artist for the Goddess

If you come to visit at my house you better bring your own easy chair because all my living room furniture is gone, the couch, the end tables, the lamps and footstools, all sent to the 2nd hand store. I gave it all away to make space for a bigger, better art studio so I can delve deeper into my passion for batik, dying and embellishing textiles. It's not that I'm antisocial, mind you. However, I did prioritize my needs and found that making art is more important to me than entertaining friends.

I've discovered that making art is more important to me than everything else. Well, almost everything. I didn't throw out my husband with the living room furniture! Actually, he has been very supportive of the slow transformation of our once normal tract house into an art studio with a place to sleep attached to it.

It all started with reading Virginia Wolf's essay and realizing I did not have "a room of one's own." So I kicked my daughter out of the spare bedroom and turned it into my first sewing room. "OK," she obliged, "I'll rent a house with my friends." She moved out, I moved in, painted the walls a lavender color that only I could love, and began to explore what one does in one's own room. Some days I just sat at my worktable and adored my lavender walls. They were mine. I could do and be anything I wanted in here...

It can be scary to have so much freedom to be, after feeling so un-free for so many years. It can be so daunting that one could easily give up. I did give up from time to time after claiming my first creative personal space. But giving up is no fun, so boring in fact that sooner or later I would find myself back in my room, sewing things, creating things and dreaming of being an artist.

Soon my room was cramped with tools and supplies. I began eyeing other spaces in our small house. I asked my husband if he would give up his spare bedroom office so I could expand my studio.

"Sure," he said, "No problem, I'll get a sledgehammer." So he moved out, I moved in and painted my newly expanded space light peach—a color that more people than just I could love. In this space I began making some serious art. I made business cards that said, 'Julia Moore, fiber artist.' Claiming this long buried true identity made me dizzy sometimes. Some days a critical little gremlin hunched on my shoulder and laughed in my ear, "You're not a real artist!" I ignored her and kept creating. Soon my space was too full for all my dreams. I needed another dying table. I needed another wall knocked out, but we were out of spare bedrooms.

That's when I started eyeing the big, overstuffed, underused living room furniture. The rest is history. Now I wake up everyday and say, "I am an artist and today is a good day to make art." Some days that means doing the related business tasks of being an artist, such as entering an art contest or planning a workshop to teach what I love doing. On the best days it simply means being in my studio, with my favorite CD, Moon Songs for a Goddess Soul turned up loud. I feel the Goddess present with me in the room, guiding my heart and soul in the ecstatic process of making art.

I hope some of you will have the opportunity to come to my studio and take my next batik class on May 10th. I'd love to have you making art with the goddess and I. Such an experience could cause you to go home and start eyeing your own spare bedrooms and over stuffed furniture. If you have children or partners, they better beware, there could be a wild woman with shifting priorities loose in the house!





# WWRL BOARD GETS PLASTERED



## FREE JAMI SEIBER TICKET...if you can guess who

At the January WWRL retreat Willow got everyone "plastered" – making plaster casts of everyone's faces for masks. Guess who's who behind each mask and win a FREE TICKET to the Jami Seiber concert in March on Vashon Island. First to guess all 7 correctly wins! Send your guesses to Willow at: [dreamfeather10@gmail.com](mailto:dreamfeather10@gmail.com). Those in attendance were: Debbie, Paula, Lori, Mary, Kristina, Willow & Kelly

## RED LODGE SERVICE AND OUT-REACH THROUGH SWEAT LODGE

Red Lodge continues to offer the opportunity to participate in sweat lodge prayer and purification ceremony in 2008. On February 3, women gathered at Burton Hill Lodge to celebrate Imbolc and listen for spirit's guidance about how to move towards forming the Keepers of the Drum Lodge to steward and attend to our new Mother Drum. Zora Star was the waterpouler and Brave New Heart firetended. Continuing our outreach efforts, the ceremony brought a number of new women to participate in this Red Lodge offering.

Giving Thanks Lodge is scheduled for November 28 at Burton Hill. When the time draws near, please reach out to encourage new women to join us. In addition, women are welcome to request lodges at either Burton Hill or Raven Turtle Lodge in Port Townsend. There will also be June and October work parties on Vashon Island to help with sweat lodge maintenance. A work party to rebuild RTL is envisioned later this spring.

Women who are interested in learning the ways of service in our woman's way of sweat lodge are welcome to inquire about the mentoring process. This usually begins with clarifying your own intentions and making a commitment with an experienced mentor. Women step into service by learning about holding space outside the lodge, standing door, firetending, and finally apprenticing as a waterpouler. For more information or to request and schedule a WWRL sweat lodge, contact [sweatlodge@wwrl.org](mailto:sweatlodge@wwrl.org) –mgls



## SWEAT LODGE REFLECTIONS

As waterpouler for the Giving Thanks sweat lodge last November, I hold a feeling memory of gratitude first ... for the opportunity for me to actually be in service in such a way.. yeah! It's all a bit astounding in addition to arriving, being, experiencing, seeing and completing full circle, in so many ways, in my life at that time ... synchronistic, meaningful, magical events unfolding ... all of them intertwining and among them this amazing opportunity to pour for the Giving Thanks Lodge once again, that I had poured with Kendra the year before. I always find it sacred and sometimes scary to grow into areas of leadership and service. I felt the supportive embrace of the Lodge's theme, "Full Circle of Gratitude" join with all the support and teaching I've received on this path. I am grateful, blessed, and honored to be in service.

There is much to open up to and value in the sacred ceremony of sweat lodge. I treasure the gift of our time before entering the lodge. As we gathered to align intention, open up to what is and create our prayer ties; heartfelt connections between women, both old and new to sweat lodge, were made with the sprinkling of song and tears. I have found the various roles of service to be rich with opportunity to deepen and strengthen relationships. On that day I felt blessed to join with Jennifer of Vashon Island as fire tender, with Lynn door keeping, with Kristina's drumming, with those who came offering energetic support, and with all who attended. –Kim Orte

# SISTER'S SOUL FOOD

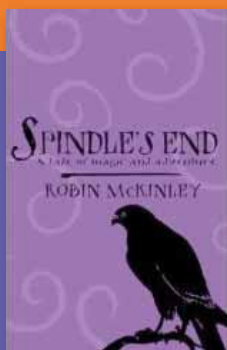
An Isabelle Mollien Recipe

## Vegan Pumpkin, Potato, Apple Soup

Mix and bake 3C fresh pumpkin cut up in big pieces, one yellow onion sautéed, 3 cloves garlic, and 3 teaspoons chopped fresh ginger.

Cook until soft the pumpkin mixture, one potato, one apple and some veg. bouillon (use as much or as little as you want the density of the soup. If you want it thick and pasty, use little bouillon. If you want a more liquid soup consistency, use more.)

Add to taste, salt and pepper, curry powder, Garam Masala and Cumin. OPTIONAL: Top with shredded cilantro and serve with rye roll.



## BOOK LOOK

TITLE: Spindle's End

AUTHOR ONE: Robin McKinley

RETAIL: \$7.99 amazon.com

RECOMMENDED BY: Kate Johnson

*"It's the retelling of the Sleeping Beauty story, only the princess is NOT asleep. She is the one that saves the kingdom...Enjoy." -Kate*

A SALLY ESTES WEB REVIEW. More a retelling and expansion than a fracturing of a fairy tale, McKinley's spin on "Sleeping Beauty" takes readers into a credibly developed world, where professional fairies try to keep the rampant, unpredictable magic at bay. As in the original, a wicked fairy (here named Pernicia) curses the infant princess Rosie at her name-day ceremony: when she turns 21, Rosie will prick her finger on a spindle's needle and fall into a poisoned sleep. Orphan Katriona, 16, is not much of a fairy yet, but she kneels by Rosie's cradle, snatches up the crying baby, bestows on the princess her own power of speaking to animals, and takes the baby to raise as if she were Katriona's own. Years pass, and Rosie, who doesn't know she is the princess, grows into a stalwart, strong-minded girl, whose affinity with animals leads to her working as an apprentice to Narl, the village blacksmith. As the princess' twenty-first birthday nears, more and more disturbances occur throughout the land, and Rosie's whereabouts become known to the royal family--and to Pernicia. Rosie's close friendship with an orphan girl, Peony, plays a major role in the frenetic denouement. Posing as the princess, Peony pricks her finger and is carried off by Pernicia. Then Rosie, with Narl and an assortment of animals, sets out to confront Pernicia at her dark castle. Full of humor and romance as well as magic and adventure, and with an ending that has a decided twist, this spellbinding novel is bound to attract McKinley's fans and those who relish the genre.

## CLICKING AT BREAST CANCER

Early detection can literally mean the difference between life and death. If the disease is caught early enough, the five-year survival rate is 96%. You can help save lives with just one click a day.

I am Draí Bearwomyn McKi.

I have friends who have died from breast cancer.

I have friends who are currently dying from breast cancer.

I have friends who are battling breast cancer even as you read this.

I have friends who have survived breast cancer.

It is with that in mind that I invite you to participate in this FREE, simple program.

I invite you to bookmark 'The Breast Cancer Site' visit and MAKE ONE CLICK everyday.

...that's it. 4 seconds of your time daily.

I invite you to make it part of your daily intention.

When you click the pink button, The Breast Cancer Site donates money to their charity partners, who fund mammograms for women in need. They have funded tens of thousands of free mammograms for working poor, homeless, and uninsured women.

### STEP ONE

[www.thebreastcancersite.com/clickToGive/home.faces?siteId=2](http://www.thebreastcancersite.com/clickToGive/home.faces?siteId=2)

### STEP TWO

Click on the button which looks like this



### STEP THREE

Smile and go about your day.

I have done this, everyday in 2007. That is 365 clicks...

If just one WWRL sister clicks with me that would be 720 clicks.

5 sisters click with me = 1825 clicks

20 sisters click with me = 7765 clicks

50 sisters click with me = 18,615 clicks

....one woman at a time, WE CAN EFFECT CHANGE.

I Invite You to Begin NOW. Thank you.



# Kelli's Kids

A not-for-profit, annual giving, handmade scarf project founded by Draï Bearwomyn in honor of dear SisterFriend Kelli Anne Haag



You've seen me knitting in circle at Long Dance and Wisdom Councils, this is the story for who and WHY...

Kelli lived bravely for 3 years after being diagnosed with stage-4 breast cancer. She showed what LIVING a life looked like, what forms happiness and gratitude can take. She taught us much on her journey. Toward the end, in June of '05, Draï spent time at Kelli's house, just "being". Draï helped with cleaning, bathing, meals, gave Kelli shots in her tummy, dispensed meds, gave foot rubs, helped with paper work, and sat through inevitable weepy moments and much frank conversation about life and death. They watched movies together, ate, laughed their asses off and chatted. All the while Draï was knitting. Kelli found it amusing that 'wild woman Draï' would be so taken with the "conservative art" of knitting. (Kelli loved to touch the fuzzy yarns and hold their warmth in her chilly hands. Chemo made her constantly cold.) On one of those simple days, while discussing the reality of Kelli nearing her dying time... Draï made a promise to start "Kelli's Kids Scarf Program" for children battling cancer. The intention was to carry forward the love and the warmth—just as Kelli would be doing had she been allowed more time on this Earth. Kelli beamed her radiant smile with tears in her eyes and gave a big thumbs up to the birthing of this project. So it began, sitting by her side, in her livingroom only weeks before she laid down her Earth robe and walked through the veil. After her funeral...Between Sep. and Dec. of 2005, the project grew to 11 women knitting or crocheting scarves for the children, plus 9 donors to the yarn fund.



Our scarves are created by women for the infants, children and adolescents of CHOA who are coping with cancer. CHOA is the Childhood hematology Oncology Association.

Our 1st year, after only 4 months of knitting, we delivered 304 scarves!

CHOA had 250 children in their care. Since we gave them an overage of scarves they were able to share with siblings, parents and future patients. It was a powerful, tearful and amazing day.

We grew to love the women who serve at CHOA, their kind hearts, their dedication to the kids and the hope and care they provide every single day. It was after this delivery that we determined we would always make scarves for CHOA in particular. To learn more about CHOA visit [www.choa.net](http://www.choa.net).

To date we have gifted nearly 600 scarves!

Now it's 2008....we're creating "neck woobies" for next year's Annual Winter Solstice delivery to the children.

And we need YOU!

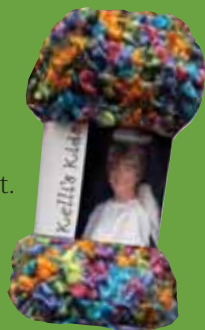
If you would like to join our crafters crew please email Draï at [goddessdrai@earthlink.net](mailto:goddessdrai@earthlink.net). Even if you only have time to knit ONE scarf, we'll take it...or perhaps you would like to start a Kelli's Kids Program in your area? Email Draï to discuss!

And/Or if you would like to make a donation to the Yarn Fund, please mail your check today! Make checks to

Deanna "Draï" Turner  
1914 South Washington Street  
Denver, CO 80210

Please share this information with your friends and watch us grow with Love and Light.

Make it a great day!  
—Draï Bearwomyn





One of the weird things running this AD in eNews is feeling like we're selling. Our culture is so sell, sell, sell that it really is hard to feel oneself in that place. And the truth is that each of us would earn some money if women joined our 'team'. And that is OK because this product is good, simple and works. Oops...sounds like we're selling again.



Multilevel marketing (MLM) has gotten (and earned) a bad reputation over the years. Remember Amway? Pyramid schemes? Yikes! Thankfully the MLM industry has changed from those days. The internet has opened up the doors for non-business like folks to share products they like with people they know and to also earn income from that sharing. Pretty simple. And there are still lots of hype and hoopla in the industry.



So, we're putting our heads together to come up with a NEW way to do this...we call it *Isagenix in the Woman's Way*. Read our Welcome Letter and you'll see the difference. It has to be about the product first. It is for those desiring deep nutrition, renewed vitality, a cleansing way that is doable for busy lives. Weight loss comes with all that. It is a great added bonus!!! But it also is about support and being in relationship with one another. Just like this community. We are sidebys in health and well being...it is a remarkable journey.



Call one of us to learn more about the products and the business side and what makes *Isagenix in the Woman's Way* unique and refreshing.



[www.wwrl.org/mp/welcome\\_isagenix.pdf](http://www.wwrl.org/mp/welcome_isagenix.pdf)

-To your health, Lori Kramer, Michelle Elekonich, Peg Hopkins, Paula Rathbun, and Connor Sauer



# Who'da Think It?

## Hot Sarah in Boots! - 2007

A WWRL elder accepted a makeover with Eve Michaels, then wowed the audience of 750, at the Marriott Hotel in Los Angeles, when she moved and danced across the stage celebrating her vibrant, youthful 68 year old body.

## eNEWS IS eVOLVING!

Red Lodge's eNews and overall communication to our members will be changing to offer timely news and announcements while easing the effort to produce a monthly magazine-style publication. eNews as we've known her will be published quarterly... full of the sections we've enjoyed like Sister Soul Food, 'Who'd Think it', Book Look, Ads and articles, poems, and prayers from our sisters in the community. There will be five one page eLetters to keep everyone current with Red Lodge news, programs and calendar listings. To round out the year there will be two focused mini-issues...much smaller in size (likely 2 to 3 pages) that will go into more depth about Red Lodge activities, events, elections and council information. To summarize:

- 4 Quarterly magazines-FEB. APR. SEP. and NOV.
- 5 one page eLetters-JAN. MAR. MAY JUL. and DEC.
- 2 mini-issues (2 to 3 pages)-JUN. and OCT.

So, keep those recipes, book recommendations, poems and articles coming! Also, if you haven't discovered the ease of submitting to our online calendar yet...well, check it out! Any event that meets 5 of our 15 principles qualifies. If you feel it would be of interest to our community then list it on the calendar! Check the last page for email and website addresses for the calendar, to submit and article, recipe, book recommendation or to place an Ad. eNews is US!



## HOOP WEAVERS MEET

Eight women gathered in Tacoma last month and generated clear intentions that will help us take "Weaving the Hoop", a Red Lodge service program, into more communities.

Designed to draw together women from diverse walks of life to experience sacred circle and intergenerational mentoring relationships, hoops offer an intimate way to share beloved woman's way traditions. While the form of hoops will vary to meet the needs of each unique group of women, all will create opportunities for women of all ages to find connectedness in community as we tap into the richness of our spiritual selves.

We now have a wonderful resource to guide facilitators who want to create hoops that meet once-a-month, in tune with the unfurling seasons, with deeply meaningful activities that serve to connect and empower women. Mary G. L. Shackelford and Kristina Turner were excited to share copies of *Weaving the Hoop: A Handbook for Facilitators*, with all who came to the meeting, plus two others from out-of-state who expressed interest.

Red Lodge members desiring to start a hoop in your own area, contact: [weavinghoops@wwrl.org](mailto:weavinghoops@wwrl.org).



## ENUMCLAW AND PORT ANGELES HOOPS START IN MARCH 2008

Willow McKean, Debbie Fank and Melanie Chinn are offering "Weaving the Hoop" in **Enumclaw**, for 8 monthly meetings, on the 3rd Monday evening of each month, starting March 17th at 7-9:30 PM. Suggested donation to the WWRL Hearth Jar is \$5 to \$10 per meeting. For more information, to register and for directions, contact: [enumclawhoop@wwrl.org](mailto:enumclawhoop@wwrl.org).

Paula Rathbun and Lori Kramer are putting out the call for "Weaving the Hoop" in **Port Angeles**, 9 monthly meetings March to December (skip July), 6-8:30 PM, on the last Thursday of each month, beginning March 27th. Suggested donation, \$5 to \$10 per meeting. To register and for directions, contact: [ptangeleshoop@wwrl.org](mailto:ptangeleshoop@wwrl.org).

# New Vision

## NEW VISION FOR WISDOM COUNCIL –mgls

Following new directions we explored together in a fabulous December Wisdom Council, we are continuing to develop our new vision for Red Lodge community gatherings. This year, we will travel the Medicine Wheel as we come together in four different venues to celebrate and further the vision of Red Lodge. We learned in December that we can successfully balance the nuts and bolts of Red Lodge work, sharing progress and accomplishments and eliciting community input and feedback, while we also share the important and deepening work of ceremony, connection, service and play that is the foundation of Red Lodge. December's Board Meeting and Wisdom Council included:

- An elegant, delicious dinner honoring board members
- Reflecting together on 2007 accomplishments
- Oral storytelling and creative song/poetry/movement to share and witness what Red Lodge does for our own lives
- Creating necklaces of appreciation and protection for the staff of a homeless women's shelter
- Honoring and gratuities to women in leadership
- Visioning/brainstorming and experiential activities to ground our listening into our hearts and bodies and help us access and articulate what arises
- A Feast of Possibilities offering innumerable ways to participate in Red Lodge in 2008
- Honorings, giftings, and teachings about our new Mother Drum
- Ecstatic Dancing

## honoring East

- Opening our awareness to the sacred geometry of circle and square and practice balancing masculine/feminine energy in our bodies and our processes
- Awakening the Drum Ceremony
- Opportunities for exploring and deepening connection, intimacy, and relationship/communication skills
- Drumming, dancing, and singing
- Grounding our visions with commitment
- Wisdom Hoop teachings by Red Lodge elders
- Prayer, blessings, meditation, invocation and gratuities to spirit

It was fun, deep, challenging, inspiring, creative, connecting, and amazing. We invite you to reach out to friends and join us in 2008 as we explore what is calling us out. The Program Council is joining with the Board to align Medicine Wheel focus to each of our four community gatherings this year. We are moving out into the local communities where pockets of Red Lodge women live in an effort to enliven our organic, grass-roots power. We also hope to keep costs down and make it easier for our geographically dispersed community to find at least one opportunity to join in. While all of us may not be able to get to all of the gatherings, we hope that you will

### MEDICINE WHEEL CELEBRATION & SPRING WISDOM COUNCIL

MAY 3RD AND 4TH–Enumclaw  
contact [wwrl.org](http://wwrl.org) for info

gather up your curious and wondering friends and reach out into your own communities to encourage new women to check Red Lodge out.

We expect that the shifting form of our Wisdom Council gatherings will offer doorways for newcomers to experience what is at the heart of our passion for Red Lodge. As we work Red Lodge, Red Lodge works us. The Mother Drum leads us into unimagined possibility as we listen, learn, and follow her drum medicine. Plan ahead and join us:

**Honoring East:** Medicine Wheel Celebration and Spring Wisdom Council, May 3/4, Enumclaw

**Honoring South:** 24-hour Drumming Prayers and Summer Solstice Celebration, June 21/22, Vashon

**Honoring West:** Diving into the Mystery of Fall Festival, Oct. 4/5, Sacred Groves, Bainbridge Island

**Honoring North:** Medicine Wheel Celebration and Annual Meeting/Fall Wisdom Council, Dec 6/7, Port Angeles



## WOMAN'S WAY RED LODGE 2008 CALENDAR

### Jan 19

Gathering for women interested in facilitating Weaving The Hoop in their community, 1-4 PM, Tacoma

### Jan 25-27

Board retreat, Vashon

### Feb 1

Plateau Area Drum Circle with Julie Taylor, Enumclaw

### Feb 3

Imbolc Sweat Lodge, Vashon, open to all women and a call for any interested in prayers and blessings for Keepers of the Drum

### Feb 8

South Sound Drum Circle (every 2nd Friday) with Zora Star, Olympia

### Mar 15

Plateau Area Drum Circle with Julie Taylor, Enumclaw

### Mar 29

Friendraising Gathering with Jami Sieber concert-drumming, dancing, singing with Mother Drum at 4 PM, community potluck 5:30 PM, concert 7:30-9:30 PM with Jami Sieber and Geoff Johns, Vashon

### May 2/3

WWRL Board Meeting, Enumclaw

### May 3/4

Honoring East: Medicine Wheel gathering and Spring WWRL Wisdom Council, Enumclaw

### May 10

Batik Workshop with Julia Bearheart, Olympia

### May 24-26

Sahale work party

### June (tbd)

Burton Hill sweat lodge work party

### June 21/22

Honoring South: 24-hour peace/prayer drum vigil celebrating Summer Solstice, Vashon

### June 28

Drum Making Workshop with Willow Dreamfeather, Vashon

### Sept 5-7

Board retreat, Vashon

### Oct. 4/5

Honoring West: Fall Festival (it's a mystery!), Sacred Groves

### Oct 10-14

Women gather for 24-hour drumming for peace in DC

### Oct (tbd)

Burton Hill sweat lodge work party

### Nov 28

Giving Thanks Sweat Lodge, Vashon

### Dec 5/6

WWRL Board Meeting, Port Angeles

### Dec 6/7

Honoring North: Medicine Wheel gathering and WWRL Annual Meeting/Wisdom Council, Port Angeles

## WWRL BOARD

Mary G.L. Shackelford-Chair

Kristina Turner-Vice Chair

Coffee Kelly-Treasurer

Baba Willow Dreamfeather-Secretary

Paula Rathbun

Long Dance Representative (ad-hoc)

On Sabbatical

Abundance Council Chair

OPEN

Communications Council Chair

Kendra E. Thornbury

Conflict Evolution Council Chair

Sarah Blum

Elder Council Chair

Debbie Fank

Program Council Chair

## COUNCIL MEMBERS

### Abundance Council

(on sabbatical for re-grouping)

### Communications Council

(open position), CHAIR

Norleen Overman

Valli Sanstrom

Marsha Cook

Amy Wolff

Drai Bearwomyn McKi

### Program Council

Debbie Fank, CHAIR

Kate Johnson

Morrighan

Julie Taylor

Mary G.L. Shackelford

Paula Rathbun

### Elder Council (ad-hoc)

Sarah Blum, CHAIR

Elders of WWRL

### Conflict Evolution Council

Kendra E. Thornbury, CHAIR

Bonnie Lee Cleverdon

Kim Orte

Willow Dreamfeather

Christiann Howard

Kristina Turner

## SUPPORT STAFF

Drai Bearwomyn McKi, Graphics  
Marsha Cook, Assistant Secretary

*Deadline for submissions is the 20th of the previous month.*

*Web and eNEWS Disclaimer All eNEWS editions, in whole and or in part, will be on the Internet. The submitter is totally responsible for the content they submit, whether written, images or pictures. Submitted information must be original works or you must have explicit written permission to use their work and have it posted on the Internet. If other individuals are in pictures that you submit to the eNEWS, you must gain permission to use and post their picture on the web.*

## eNEWS STAFF

Norleen Overman	Web Tech
Valli Sanstrom	Content Keeper
Suzanne Lichau	Sustainability Writer
Drai Bearwomyn	Graphic Designer
Pamela Delilah	Proof Reader
Marsha Cook	Messenger



**Prayer Requests:** [Prayer\\_Requests@wwrl.org](mailto:Prayer_Requests@wwrl.org) If you have a prayer request for yourself, a friend or family member, click our link. Your message will be sent to the WWRL Elder Council who will honor your request either in our individual ways or with a prayer council if that is your desire. Please try to let us know in time to coordinate the members if you would like a council to hold space at a specific time, such as if you have surgery scheduled or a vision quest, etc.) Thank you for letting us be of service to you.

### Community Calendar Listing:

[wwrl.org/CalendarWelcome.aspx](http://wwrl.org/CalendarWelcome.aspx) The online community calendar is our new format for members to list their events. Go to the link above and follow the steps to enter your activity.

**General Articles:** [Article\\_Submissions@wwrl.org](mailto:Article_Submissions@wwrl.org) We invite women of our community to share their gifts and passions with us in written form, which they believe may interest others in our community. Articles must be original works and must meet 5 of the 15 Red Lodge principles.

### Come and Advertise with Us: [Advertising@wwrl.org](mailto:Advertising@wwrl.org)

WWRL fully embraces Community supporting Community. It is our intention to serve as a vehicle for sharing information within our community. We invite you to place an ad in eNEWS. We can even design your ad, either quarter, half or full page. Ads range from \$50 to \$200. All proceeds from ad sales apply to future WWRL projects.

**Book Look:** [Book\\_Look@wwrl.org](mailto:Book_Look@wwrl.org) With the intention of sharing information we offer "Book Look" and "Movie Madness", fantastic book or film recommendations. If you think a specific book or movie is a must for the community, please share it with us and tell us why! At a minimum, simply provide the title and author. If you wish, you are also welcome to write the review-130 words or less! (optional).

**Sister's Soul Food:** [Sisters\\_Soul\\_Food@wwrl.org](mailto:Sisters_Soul_Food@wwrl.org) Send your favorite, tasty, healthy recipes to share with our circle.

### Sustainability Corner: [Sustainability\\_Corner@wwrl.org](mailto:Sustainability_Corner@wwrl.org)

Come, come, let us sit at the table of life together and feast!! Is there a book or information source that has inspired you in relationship to sustainability that you want to recommend? Is there a business you have used or know of that practices sustainable manufacturing that you want to share? Is there a practice you use that could help others to be more sustainable in any of the three spheres – body, mind or spirit? Are there products or services you offer that relate to the concept and vision of sustainability? Write us with Ideas and contributions.