

Woman's Way RED LODGE

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STEPPING UP TO THE BOARD IN 2007

–Peg Hopkins



MOVING INTO THE SOUTH

As I think of where we've come, where we are now and looking ahead, it feels that Red Lodge is following the turn of the wheel developmentally. In 2000 when Connor hosted "Red Lodge, A Gathering in the Woman's Way" it became a catalyst event that sparked our community's desire to take our woman's way into the world. After that watershed event our community went into deep dreaming, incubating the energy and honing it for a time of emergence. From this incubation came the RL Working Group and all the women that joined initial committees and attended RL Wisdom Councils. They provided the on-the-ground energy of intention and effort to bring us to our first interim board and working council group this year. 2006 has been about beginning, newness, taking our young steps toward building a strong organization. And now we are ready to expand again with the dreams held, nurtured and matured through a full cycle. The work of the interim board is coming to a close while we simultaneously turn our hearts, minds and intentions to assembling a new board to guide us through the next growing stage of Woman's Way Red Lodge.

It is an exciting time in Red Lodge development. The new board will begin with a strong foundation laid by the interim board in 2006. 2007 will be a pivotal year as we further refine how we operate and pursue our collective dream of taking our Woman's Way into the world through programs, events, sponsorships and investment. We will continue to seek ways to hone our purpose and direction through vital and dynamic outreach and conversation with members of our community and the world beyond.

Are you ready? Are you interested in joining the board? Are you hearing the call to offer your voice, your skills and your time to Red Lodge? If so, please contact Julia Bearheart Moore, our Nomination Coordinator for this election cycle. She will help guide you in this important decision and answer questions you may have. Julia Moore: 360.459.4001 or juliasews@wwrl.org

Between now and October 15th Julia will be receiving inquiries and commitments by women who want to join the 2007 Board of Trustees. In mid October she will present to the current board the list of nominees, which will begin an internal Board process of confirming nominees for 2007. The new board will be honored and acknowledged at the December 1–3, 2006 Red Lodge Wisdom Council and assume their duties on January 1st, 2007.

I hope you will consider joining the board. To help you decide please read further about the board positions opening up and what is coming in 2007. Also, go to www.wwrl.org and review our bylaws, leadership and decision-making documents and our Herstory. Then.....call Julia! She'd love to hear from you!

If sitting on the Board isn't yet right for you, consider offering your gifts as a member of one of the councils. Here is where the juicy creations of RL are born...sister circles of collaboration and creative endeavors of the head, heart and hand take place. Let Julia know of your interest in a particular council and she will pass that on to the current chair of the council.

THE TURNING OF THE WHEEL...STEPPING INTO LEADERSHIP

Woman's Way Red Lodge's Board of Trustees is designed to be a staggered board, which simply means that not all positions will be vacant each autumn. This offers continuity and flow for our overall goals, ease in transition from one board year to another and provides mentoring opportunities for new board members if they choose.

Currently WWRL is a ten-member board. Each board position holds a special area of focus and leadership. The ten positions are:

Chair	Chair, Program Council
Vice Chair	Chair, Communication Council
Treasurer	Chair, Abundance Council
Secretary	Chair, Elder Council
Chair, Conflict Evolution Council	Facilitator, Long Dance

Five women from the current Interim Board are remaining so we can begin staggered terms of office and have the continuity mentioned above. The positions these women hold now and what they will hold for the 2007 Board is still to be determined for the most part. However, Peg will assume the Chair of the Communications Council and Raven has agreed to stay on as Secretary. Kristina and Mary are also staying on the board and their role will be decided in the near future. Kendra is away in Africa and we will be waiting to hear her plans upon her return.

INTERIM BOARD

Board

Peg Hopkins–Chair

Kendra E. Thornbury–Vice Chair

Susan Landau–Treasurer, Long Dance Representative, Financial Council Chair

Ruth Raven Burns–Secretary

Sarah Blum
Abundance Council Chair

Norleen Overman
Communications Council Chair

Mary G.L. Shackelford
Program Council Chair

Ruth Raven Burns
Elder Council Chair

Kristina Turner
Conflict Evolution Council Chair

COUNCIL MEMBERS

Abundance Council

Susan Landau
Bobbi Edwards
Catherine Dwyer
Victoria Jensen

Communications Council

Valli Sanstrom
Marsha Cook

Program Council

Mariah Wind Dancer
Nan Draper
Paula Rathbun
Lori Kramer

Elder Council

Gaea Maeve Aeolus
Grandma Billie Sockwomyn
Julia Bear Heart Moore

Conflict Evolution Council

Bonnie Lee Cleverdon
Gaea Maeve Aeolus
Julia Bear Heart Moore
Kendra E. Thornbury
Kim Orte
Paula Rathbun
Willow Dreamfeather

Graphic Designer

Drai Bearwomyn

Board positions that are open for your consideration are: Chair, Vice Chair, Treasurer, Program Council Chair, Abundance Council Chair, and Conflict Evolution Chair.

The Elder Council Chair is self-selected through the Long Dance Crone Lodge and the Long Dance seat on the board is identified once a facilitator(s) have stepped up for Long Dance 07.

To learn more about these positions, the work of the councils and to gain an overall perspective of WWRL Board processes go to our website www.wwrl.org. Click on the button "Joining the Board in 2007". Here you will find our Bylaws, descriptions of officer and council chair positions, structure and WWRL's Herstory. Our Herstory offers a great review of Red Lodge's birthing process to date and reveals the amazing visionary women that have been part of the journey thus far. It is inspiring reading.

And Julia Bearheart can help you too. Call her at (360) 459-4001 or email her at juliasews@wwrl.org.

LOOKING FORWARD TO 2007

The 2007 WWRL Board of Trustees will be focusing on:

1. Refining operating procedures and policies and create a manual consolidating elements of finance and budgeting, program development, fundraising and membership services, communication and administrative processes.
2. Implementation of phase 2 of the website that will research and implement a web-based marketplace, members-only section and enhanced data collection systems.
3. Initiating an organization branding process and incorporate results into all communication products.
4. Developing and conducting a time, talent and financial support survey with the community.
5. Continuing membership development and services and create a fundraising plan.
6. Developing Red Lodge programs and services to include sponsoring and hosting member's programs and refine program policies and procedures.

The new board will also meet in January and begin a strategic planning process to incorporate the goals listed above and their own born from member desires, RL Wisdom Councils and their internal visioning process.

Seattle Women's Confluence



NAVIGATING THE WILDERNESS OF THE SOUL™

Expanding Women's Futures with Connor Sauer-Trainer, Lifeguard, LMT, NCTMB

Con-flu-ence\ 'kan-flu-en(t) 1: a coming or flowing together, meeting, or gathering at one point. 2: the flowing together of two or more streams.

Join us for a thought-provoking, highly experiential event that weaves our personal and collective relationship to the natural world. The journey will cast you into the metaphor of the great Canyon of America, the Grand Canyon, a real and metaphoric symbol of the feminine and the power of women to change ourselves and enliven the world around us.

At Unity of Kent. Lunch & dinner included.

Nov. 4, 2006–9:00 to 9:00 for \$149

The River through Grand Canyon Metaphors:

- Packing for the river
- Expedition mode is not hearth mode
- Learning to row
- Reading the currents
- When your boat flips
- Toolbelts over sarongs
- Choices in moments

SPACE IS LIMITED, ACT NOW.

For information & registration call 253-939-8796 or email: sarahblum@earthlink.net

OPEN HOUSE

WOMAN'S WAY RED LODGE IS BIRTHING ON THE 23RD,
WILL YOU BE THERE TO RECEIVE HER??

LAST CHANCE for a table/booth at the Festival and to offer items for the Silent Auction!!

Your presence is requested, invited and desired for this momentous event.

Our Woman's Way Red Lodge is birthing on September 23, 2006—are you part of the circle of women who will receive her??

The energy is up and the excitement is building for our Birthing Day festival. The invitations are out, the event is taking shape and our labor is soon to begin.

It is like the anticipation of Long Dance and getting ready. We know it will be an event to remember and we will be able to reconnect with so many of our sisters and have an amazing experience that includes:

- ceremony, color, drumming, singing, food, crystals, jewelry,
- stained glass, stones, crafts, nature photographs, artwork,
- visioning, making a dream catcher, and so much more.

Please join us and discover what and who Woman's Way Red Lodge is, and where it is going.

Help nourish this new baby and guide its first steps in the world. There are so many women who have experienced the power, depth, intensity of Long Dance, and what we Long Dancers share, and many who have not been so blessed. We have many resources and wisdom within our Long Dance community and we want to share some of it with others in the world, who are in need of what we know. We may well have the most valuable secret on the Planet, our community, and with the birth of Woman's Way Red Lodge our secret will be out. Please come help with this birth and bring your women friends of like mind and heart.

Join the medicine wheel with a table featuring YOU, your skills, talents, and wares. It is easy and free and only takes one phone call or email to arrange. Contact information for Sarah phone and email are on the invitation and on your Long Dance list.

You can buy raffle tickets from Sarah as well. They are available now and at the event for \$1 each or 6 for \$5.

Add to our silent auction with something you created or are willing to giveaway, or some service you offer. It is simple to do by calling or sending an email to Victoria Jensen. Contact

information for Victoria is available on the invitation and through the website.

For more details about our Opening the Door Festival go to wwrl.org and click on the graphic for the Open House.

There will never be another opportunity to birth Woman's Way Red Lodge and become part of her first step into the world. You will ALWAYS be welcome into our Lodge and at our table.

Directions are available on the invitation and the website.

Come on come on Magic Power Women and all of you Towers of Strength.

I will see you there, Sarah.



© 2006 Jenny Fleming Owen



Woman's Way RED LODGE

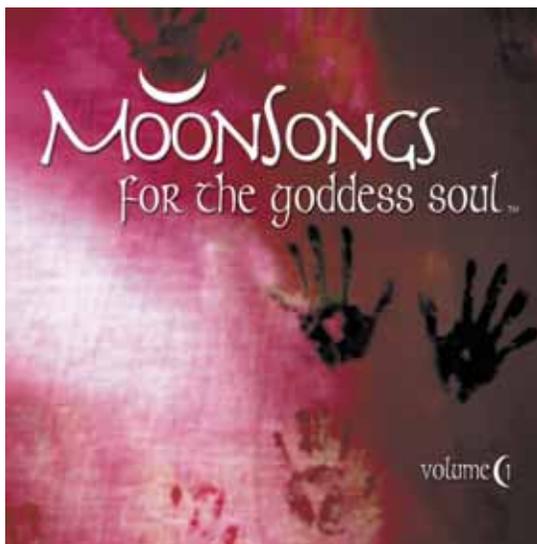
HOT NEW RELEASE !

WWRL proudly presents our new CD dedicated to the mystery that works & weaves us together. It contains some of the music we love to sing when we gather. Enjoy!

\$17.00 for a single CD

If you order more than one CD, the cost of each CD is discounted to \$15 a piece (including the first one!)

Pricing includes tax, postage, shipping and handling.



CD SONG TRACKS

- 1 Grandmother's Song
- 2 River of Birds
- 3 Where I Sit is Holy
- 4 Earth Mother
- 5 She's Been Waiting
- 6 I Am All These Things & More
- 7 Women Gather
- 8 Long Dancer
- 9 Sister Song
- 10 Tower of Strength
- 11 Woman of Radiance
- 12 Sisters on a Journey
- 13 The Giveaway Song

BONUS TRACKS

- I Drum Jam
- II Winter Solstice Song



Name _____ Phone () _____

Shipping Address _____

City _____ State _____ Zip _____ Email _____

We can only accept checks or money orders. Please don't mail cash.

Check # _____ Money Order # _____

Please cut out and fill out this order form.
Make your checks payable to Red Lodge.
Mail the form and payment to:
WWRL P.O. Box 13352. Des Moines, WA 98198



Please allow up to 3-6 weeks for your CD(s) to arrive.

If you would like more order forms, visit: www.womanswayredlodge.org

Today's Date: _____

1 CD Only: \$17.00

OR

Multiple CDs ___ x \$15= \$ _____

*Remember, when ordering multiple CDs,
even the first one is discounted to \$15!*

Thank you for your order!

HONORING LONG DANCE

Long Dance and Red Lodge Sisters,

Red Lodge has made a commitment to carefully honor the sacredness and deeply personal nature of Long Dance. Long Dance will not be "reviewed" or advertised in enews, and the current thinking of the Interim Red Lodge Board is that Long Dancer's soul-transforming stories not be shared via enews. We very much want to find the best way to share our stories with each other. At this time, our Long Dance Sacred Messenger is willing to send out these deeply personal and moving stories of our Long Dance experiences to our Long Dance sisters. Plans are also being laid to have a secured Long Dancer ONLY section of the website, where we can share deeply about our experiences at Long Dance, without having what we share be open to anyone who is surfing the web.

Blessings and thank you for sharing your hearts. –The WWRL Board

COMMUNICATIONS COUNCIL UPDATE

How wonderful it is for me to be part of this community we call Long Dance / Red Lodge. Look at what we are becoming. I am excited to my core as we move into a new deeper place within Red Lodge. The stirrings are all around us. There is much wonderful work or play around the communications council since our last "real" Enews. Just look at what's been going on in the last month or so!!

The IRS application has been completed and sent in. Wow, what an accomplishment this is. We are now beginning the nominating process for our next board. We whole heartily welcome women to check out and see if they are called to step up into leadership or service with Red Lodge. There are many different ways and levels of involvement that are available. "There is room for you in this community"

For August, there were some new pages added to our web site: We added an article about the cd and the cd order forms. Wow and yea!! Orders for the CD's are already streaming in. Many kudos and thanks for the commitment and dedication it has taken to get us here and will move us into the future with this project.

We also added a web page that emphasizes the Open House coming up in September. This is our official birthing event into the world. So, please join us if it is at all possible. I am feeling it will be great fun for everyone. I hope to see you there.

We have implemented some new business email addresses and eNews production addresses. This will give us more flexibility in production and give stability for how women share or submit information to the eNews. So, please see the contributions column in the eNews for the new email contact information.

We are also beginning efforts to put a strong capable team together to complete the tasks ahead of us for this year and moving ahead in the next. This, we feel good about. There are more great upcoming projects for the Communication Council as we move into the fall and winter seasons. May we serve the community with integrity and deep wisdom for the highest and best of all involved.

In Service, Norleen Overman–Communications Council Chair

SISTER'S SOUL FOOD

Jaeden's Slaw

Submitted by Melissa Dreaming Bee Winding Bear
(Builder of the Rainbow Bridge)

The recipe says this is coleslaw, but it is so delicious and not really slaw tasting at all. Great salad for summer and fall.

- 1/2 head cabbage, shredded (or sliced up so you get really narrow cabbagey stringy kind of things)
- 1 cucumber, sliced
- 2 large tomatoes, diced
- 1 C pine nuts
- 1 avocado, cubed
- 3/4 C flax seed oil
- 1 lemon, juiced
- 1 tsp Celtic sea salt

Mix cabbage, cucumber, tomatoes and avocado together. Add the dressing made from oil, lemon and salt. Toss gently. Serve! Take to a gathering and share with friends or keep it all for yourself and eat within 2 days. So yummy and so good for you!



it's time to start annual reports! need a designer? CALL DRAI!

goddessdrai@earthlink.net

WOMAN'S WAY RED LODGE EVENTS 2006

WW Red Lodge Open House

SEP 23. Noon-5 PM, Dance Hall at Gorst. Contact Mary Shackelford, open_house@wwrl.org

Fall Long Dance Wisdom Council

OCT 6-8. Sahale. Open to all Long Dancers; stepping up to serve Long Dance 2007. Contact Maeve, MaeveA8@wwrl.org, or Susan, soozau@wwrl.org

Fall Red Lodge Wisdom Council

DEC 1-3. Sahale. Contact Kendra Thornbury, kendra@spiritalive.net

DONATIONS, A SACRED GIFT!

Please make your check to Red Lodge, put "donation or gift" on the memo line and mail to:

WWRL P.O. Box 13352
Des Moines, WA 98198

Every dollar makes a difference....THANK YOU

Remember these donations are not tax deductible at this time.

OTHER SPECIAL EVENTS OF 2006

OTHER OFFERINGS

Many Long Dance sisters offer events, workshops, programs, or on-going gatherings that resonate with the purpose and principles of Red Lodge. We offer this information with blessings for the energy, commitment and success of all. Please forward this information to all who might be interested!

South Sound Drum Circle

2ND THURSDAYS. 7 pm. Cedar Center, Olympia (no meetings in July and August). Open to Long Dancers for now. Contact Barbara Krulich, bkrul@juno.com

13 Clan Mothers Apprenticeship

YEAR-LONG MONTHLY COMMITMENT. Sacred Groves, Bainbridge Island. 11:30-5 PM Saturdays. 7/22, 8/19, 9/16, 10/21, 11/18, 12/16 Contact Therese Charvet, therese@sacredgroves.com

A Compassionate Listening Focused Training

Deepening our Skills in Listening & Speaking from the Heart
Fall Trainings to be determined. Sacred Groves on Bainbridge Island. Open to Long Dancers. Contact Julia Bear Heart at juliasews@wwrl.org.

Woman's Way Sweat Lodges

Open to all women. Teaching lodges with opportunity for experienced Long Dancers to apprentice in serving Woman's Way sweat lodge. Burton Hill Lodge is on Vashon Island; Raven Turtle Lodge is near Pt. Townsend, Contact Mary Shackelford, mgls53@comcast.net or Ruth Raven bjrurns@cablespeed.com.
SEP 24 Equinox-Burton Hill
OCT 29 Samhain-Burton Hill
NOV/DEC Thanksgiving or Solstice Lodge-Raven Turtle

Emily's Cooking Classes at PCC

SEP 10. 1-3:30 PM. Sunday. Redmond.
SEP 18. 6:30-9 PM. Monday. Greenlake.
OCT 1. 1-3:30 PM. Sunday. Issaquah.
OCT 23. 6:30-9 PM. Monday. West Seattle PCC.
International Main Dish Vegetarian Salads. Emily has invented four main dish salads that feature a vivid contrast of flavors and styles. Come join in the fun as Emily shares her recipes and skills with her audiences. PCC Members: \$30, Non-members: \$35. For more information please visit:
www.pccnaturalmarkets.com/pcccooks/classes/detail.php?id=388&PHPSESSID=1191e72a76cda65217c03e592b1bcff0



Healing Drum Kit Training for Facilitators, Therapists, Teachers and Guides

With Christine Stevens, MSW, MT-BC.
NOV 5-Los Angeles, CA. \$125.00. Work Scholarships & Long Dance lodging available. Price includes a Healing Drum Kit. For more information or to register, info@ubdrumcircles.com or 661-799-1636.

The purpose of Woman's Way Red Lodge is to

Enliven the sacred feminine

Honor deeply all life

As we serve our world.

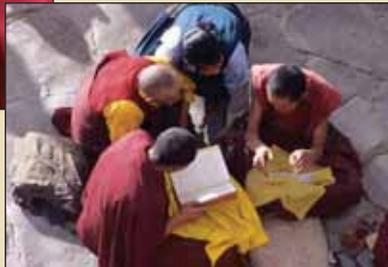


MEET A SPIRIT BROTHER

Introducing Gerald Oar, husband of our dear Long Dance Sister Maureen Bearwomyn Oar. Gerry, a sage and world wizened photographer, is available to capture your sacred memories on film! He is conscious, present and ready to witness and honor you from behind the camera as you experience noteworthy rights of passage; such as a maiden or crone ceremony, a union, a birth, a drum circle, a prayer...the possibilities are as broad as your hopes and your imagination. He has special discounts for Long Dance women. gerryoar@hotmail.com. (TOP. "Bearwomyn" was taken directly after Long Dance '06.)

Additionally, Gerry sells stunning prints of incredible faces and powerful places around the globe. Photo-journeying in the Americas, Asia, Africa and Europe, his eye for content and mystical ability to lure and capture light on film makes for moving and profound art. Be sure to visit his website at www.geraldoar.com.

(BOTTOM. Images from a collection from Gerald's visits to Tibet.)



NEW EMAIL ADDRESSES FOR WOMAN'S WAY RED LODGE

General Information

admin@wwrl.org
info@wwrl.org

For official business use
Web and general info

Interim Board

chair@wwrl.org
vice_chair@wwrl.org
secretary@wwrl.org

Peg Hopkins
Kendra E. Thornbury
For business emails to the position holders
Finance questions
Long Dance Business

treasurer@wwrl.org
Long_Dance_rep@wwrl.org

Councils

program_chair@wwrl.org
abundance_chair@wwrl.org
communications_chair@wwrl.org
elders_chair@wwrl.org
conflict_evolution_chair@wwrl.org
financial_council_chair@wwrl.org



Special Programs

cd_orders@wwrl.org
open_house@wwrl.org
silent_auction@wwrl.org

PRAYER CIRCLE

As you approach your time to talk with Spirit, please be sure to include specific prayers for

I share my prayers of gratitude, for god, goddess and all there is, for a wonderful and abundant life, full of beauty, friends, love and connection. May I continue to walk in beauty, sweetly and softly on mother earth and with all that surrounds me. Blessings. BraveNewHeart

AUTUMNAL EQUINOX

A Prayer for September 23, 2006

Spirit, we each and everyone see You shining as a sun.
Radiant bright, You are our light, keep us sheltered in thy sight.

In every culture, language, clime, we feel Your presence in our time. We look to You and in our way call out our need and daily pray.

With peace our present beck and call Spirit, keep us centered, one and all. And as we try with all our might Keep us striving toward the light.

May Your peace spread through all lands we're standing together hand in hand.

BOOK LOOK

TITLE

The Spiral Staircase

AUTHOR

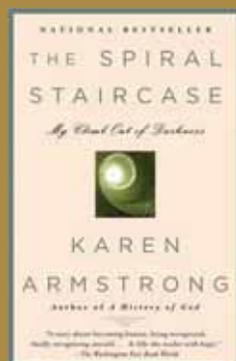
Karen Armstrong

RECOMMENDED BY

Ruth Raven Burns

RETAIL

\$11.20 Amazon.com



Synopses & Reviews from Powells.com

Publisher Comments:

Karen Armstrong begins this spellbinding story of her spiritual journey with her departure in 1969 from the Roman Catholic convent she had entered seven years before—hoping, but ultimately failing, to find God. She knew almost nothing of the changed world to which she was returning, and she was tormented by panic attacks and inexplicable seizures.

Armstrong's struggle against despair was further fueled by a string of discouragements—failed spirituality, doctorate, and jobs; fruitless dealings with psychiatrists. Finally, in 1976, she was diagnosed with epilepsy, given proper treatment, and released from her "private hell." She then began the writing career that would become her true calling, and as she focused on the sacred texts of Judaism, Christianity and Islam, her own inner story began to emerge. Without realizing it, she had embarked on a spiritual quest, and through it she would eventually experience moments of transcendence—the profound fulfillment that she had not found in long hours of prayer as a young nun.

Powerfully engaging, often heartbreaking, but lit with bursts of humor, The Spiral Staircase is an extraordinary history of self.

Reviews:

"Even among readers who embrace doctrines Armstrong dismisses (such as the reality of a personal God), this candid memoir will clarify thinking about the search for the sacred." Bryce Christensen, Booklist

"The Spiral Staircase [is] a story about becoming human, being recognized, finally recognizing oneself....More than anything, it fills the reader with hope — not the sappy, uplifting kind but the sort that comes from the very best fairy tales." Carolyn See, The Washington Post

"A moving, insightful memoir... compulsively readable." Library Journal

"A minor masterpiece of dry, acerbic autobiography." Elle

PLEASE... CONTRIBUTE TO eNEWS!

Deadline for submissions to Red Lodge's monthly eNews is the 20th of the previous month.



Web and eNews Disclaimer All eNews editions, in whole and or in part, will be on the Internet. The submitter is totally responsible for the content they submit, whether written, images or pictures. Submitted information must be original works or you must have explicit written permission to use their work and have it posted on the Internet. If other individuals are in pictures that you submit to the eNews, you must first gain their permission to use their picture and have it posted on the web.

Special Events Calendar Listing: Calendar_Submissions@wwrl.org

Send specific information in this order please: name of workshop or event, date, time, place, two sentence description, cost and contact info. Long Dancers are welcome to send in event listings which must meet 5 of the 15 Red Lodge Principles. Information must be presented in a concise format.

General Articles: Article_Submissions@wwrl.org

We invite women of our community to share their gifts and passions with us in written form, which they believe may interest others in our community. Articles must be original works and must meet 5 of the 15 Red Lodge principals.

Prayer Circle: Prayer_Requests@wwrl.org

If you have a special prayer request for your self or for a friend or family member you may include it in our eNEWS prayer circle. Request should be written and emailed as you wish it to read and must have permission from the person for whom you are praying.

Come and Advertise with Us: Advertising@wwrl.org

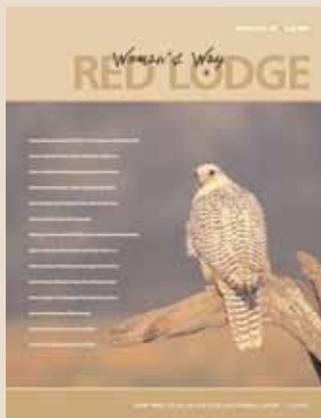
Do you have a business that other LD Women might like to frequent, artwork to sell, workshops, healing or business services to offer? WWRL fully embraces Community supporting Community. It is our intention to serve as a vehicle for sharing information within our community. We invite you to place an ad in eNEWS. We can even design your ad, either quarter, half or full page. Ads range from \$50 to \$200. All proceeds from ad sales apply to future WWRL projects.

Book Look and Movie Madness: Book_Look@wwrl.org

With the intention of sharing information we offer "Book Look" and "Movie Madness", fantastic book or film recommendations from within our LD community. If you think a specific book or movie is a must for the community, please share it with us and tell us why! At a minimum, simply provide the title and author. If you wish, you are also welcome to write the review—130 words or less! (optional).

Sister's Soul Food: Sisters_Soul_Food@wwrl.org

Please send your favorite, tasty, healthy recipes to share with our circle.



eNEWS STAFF

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Peg Hopkins	Content Review
Drai Bearwomyn	Graphic Designer
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Marsha Cook	Messenger